

ARCO (Association of Retired Council Officers) Newsletter

Winter 2018

www.arco-kingston.org.uk email secretary@arco-kingston.org.uk



Dear Friends

Some 34 members and friends enjoyed fine weather for our final outing of the year to Petworth House on Wednesday 3 October. Our thanks go to Val Weedon, who organised our trips this year, and also Shona Hastings, who was responsible for the arrangements on the day.

On a more sombre note, I have to report the death of Janet Byrne, our former Vice-Chairman and Social Secretary. Her funeral will be held on Tuesday 30 October at 11.30 am at St. Agatha's Church, Kings Road, Kingston.

Maureen Barker and I will be representing ARCO at the Annual Remembrance Ceremony and the wreath laying at Kingston War Memorial on Sunday 11 November.

The next informal gathering at the Kings Tun will be on Thursday 22 November. We meet in the spacious upstairs bar (there is a lift) at this Wetherspoons pub in Clarence Street between 12 noon and 1.30 p.m. Large and small meals, soft drinks and coffees are available, as well as alcohol, all at very reasonable prices.

Our Christmas Lunch will again take place at the North Star, 271 Hook Road, Chessington KT9 1EQ on Thursday 13 December. For those of you who weren't there last year, the pub is 500 yards south of the Ace of Spades roundabout, there is a small car park, and buses 71, 465 and K4 stop outside. If you wish to attend, please complete the attached order form, and return it together with your cheque payable to ARCO to cover the full cost (inclusive of a £5 non-refundable deposit) by 15 November at the latest to Jenny Longhurst. We have been advised that there is a House Limit of 44 people, so please book early to avoid disappointment. On the day, please arrive by 12 noon prompt, ready to take your seat by 12:30.

As this is the final newsletter of the year, may I wish you all a merry Christmas, and a healthy, peaceful and prosperous New Year. If you receive any unwanted gifts, remember to bring them with you for our raffle at the next formal get-together at the Guildhall on Wednesday 30 January 2019.

Best Wishes

Chris

Chris Coke

Acting Chairman

chairman@arco-kingston.org.uk

ARCO Secretary: Martin Longhurst, Mayfield, Hoe Lane, Abinger Hammer, DORKING, RH5 6RS

The Woodland Trust - Langley Vale Wood

Some members attended a talk about Langley Vale Wood last year at the Guildhall and may be interested in some news.

This wood, which was created by the Woodland Trust as a First World War Centenary Wood, has pockets of ancient woodland, diverse and fascinating wildlife and flora, and stunning views over the rolling hills of the North Downs. In the coming years, their ambitious woodland creation scheme will transform the existing arable land into both a natural haven and a living memorial to those who sacrificed so much in the Great War.

Month of Remembrance - Commemorating the centenary of the end of the First World War

From 4-30 November, there is a self-guided trail to discover fascinating facts about how the site played an important part in troops' preparations for battle, and how the local community were involved in the war effort. Share your own reflections at the willow wreath sculpture in the tranquil surroundings of Langley Vale Wood. Sculptor Victoria Westaway will be on hand to answer questions about the willow wreath from 12-2pm on 4 November.

Please note that on 9 November the willow wreath will be moved temporarily to another part of the trail for an event but will return on 10 November.

Community Tree Planting Day

There will be a community tree planting day at Langley Vale Wood on Saturday 15 December. In previous years there has been a great turn out from locals and people travelling from further afield and the Woodland Trust is hoping for a similar turnout again this year.

Where is Langley Vale Wood?

It lies to the south of Epsom Downs at grid reference: TQ209567. There is no direct road access, nor a dedicated car park, nor any other facilities.

Access is by public rights of way from Epsom Downs, Tadworth or Walton on the Hill. If walking on Epsom Downs, be aware that race horse training is carried out there every morning until 12am.

Langley Vale Wood has two bridle paths running through the site and one small stretch of public footpath. It is bordered by public bridle paths to the north, east and west with a wide network of paths to the north on Epsom Downs.

Currently, paths within the site are mainly farm tracks. However, there are plans to create 20km (12 miles) of paths through the site, including four kilometres (2.5 miles) of hard surface footpaths and three kilometres (1.9 miles) of multi-user paths for horses and bikes.

For more information, please visit www.woodlandtrust.org.uk where you can also download the Month of Remembrance trail.

DIARY OF FORTHCOMING EVENTS

Thursday, 22 November 2018	Informal Gathering at The Kings Tun
Thursday, 13 December 2018	Christmas Lunch at The North Star, Chessington
Wednesday, 30 January 2019	Winter Get Together
Thursday, 21 February 2019	Informal Gathering at The Kings Tun (confirmed)
Wednesday, 20 March 2019	Annual General Meeting

Keep in touch at www.arco-kingston.org.uk

Invitation to Winter Get-Together

Wednesday, 30 January 2019

12.00 Noon to 2.30 p.m.

Guildhall, Kingston upon Thames

RSVP by post to Jenny Longhurst by 18 January 2019

Write: Mayfield, Hoe Lane, Dorking, Surrey RH5 6RS

Telephone for queries only: 01306 730321

Email for queries only: treasurer@arco-kingston.org.uk

Retain top half as a reminder and send off bottom half

I would like One/Two (please circle) places at the Get Together on 30 January 2019

and enclose a cheque for £ (payable to ARCO)

to cover the cost of £3.00 per head for Sandwich Lunch, Wine and Coffee

Name(s) required on Badge(s) (Capital Letters)

1. _____ 2. _____

Telephone No. _____

Email: _____

[Click here to download this form](#)

ARCO CHRISTMAS LUNCH MENU

Thursday 13 December 2018 – 12 noon for 12.30 p.m.

The North Star, 271 Hook Road, Hook, Chessington, KT9 1EQ

Buses 71, 465 & K4 stop outside – 500 yards south of The Ace roundabout

2 COURSES £10.99 or 3 COURSES £13.49

STARTERS

Duck & Cherry Pate

*Topped with a cherry glaze and served with
toasted ciabatta bread and Ember Inns
Pale Ale chutney*

King Prawn & Smoked Salmon Salad

*Crisp lettuce and cucumber salad with
Marie Rose sauce, served with wholemeal
bread and butter*

Tomato & Basil Soup (V)

Served with ciabatta bread and butter

Parsley Breaded Mushrooms (V)

Served with sour cream & chive dip

MAIN COURSES

Hand-carved Roast Turkey with Festive Trimmings

*Served with seasonal vegetables, two Cumberland sausage pigs in blankets, sage and onion
stuffing, cranberry sauce, roast potatoes and a rich gravy*

8oz Rump Steak

*Served with grilled flat mushroom, half a grilled tomato, garden peas, battered onion rings,
and seasoned chips*

Add a Bordelaise, Peppercorn or Bearnaise sauce to your steak for £1.49

Grilled Sea Bass Fillets

Served with a Prosecco lemon butter sauce, seasonal vegetables & parsley crushed baby potatoes

Root Vegetable & Nut Roast (VE)

*Topped with cranberries, walnuts and sunflower seeds, served with seasonal vegetables, parsley
glazed baby potatoes and a rich gravy*

Our Festive Gourmet Burger

*Chargrilled chicken breast in a toasted brioche bun topped with Camembert, bacon and
cranberry sauce served with a Cumberland sausage pig in blanket and seasoned chips*

UPGRADE your festive main with a baked Yorkshire pudding, two Cumberland sausage pigs in
blankets and sage & onion stuffing for 99p

DESSERTS

Christmas Pudding (V)

*Served with brandy sauce or custard or
freshly whipped cream*

Salted Caramel Profiteroles (V)

*Served with vanilla pod ice cream and
Belgian chocolate sauce*

Belgian Chocolate Brownie (V)

*Served warm with Belgian chocolate sauce,
vanilla pod ice cream and a gingerbread man!*

Lemon Meringue Cheesecake (V)

*A combination of two of the nation's favourites
served with fresh cream and seasonal fruit*

(V) = vegetarian ingredients

(VE) = Vegan ingredients

Please use order form enclosed

All drinks to be paid for on the day direct to the bar staff

ARCO CHRISTMAS LUNCH ORDER FORM

Thursday 13 December 2018 – 12 noon for 12.30 p.m.

2 COURSES £10.99 or 3 COURSES £13.49 – plus optional upgrades

Please complete the form below and return it with your cheque payable to ARCO to:

Jenny Longhurst, Mayfield, Hoe Lane, Dorking, Surrey RH5 6RS

by Thursday 15 November 2018 at the latest. *Remember limited availability!*

Please tell us about any allergies

Enter your name(s) here -----> and tick in the boxes to make your choices.			
Starters	Duck & Cherry Pate		
	Tomato and Basil Soup		
	King Prawn & Smoked Salmon Salad		
	Parsley Breaded Mushrooms		
Mains	Roast Turkey		
	8oz Rump Steak <i>State cooking preference</i>		
	Sauce for £1.49 (state choice)		
	Grilled Sea Bass Fillets		
	Root Vegetable & Nut Roast		
	Festive Gourmet Burger		
Upgrade for 99p (Yorkshire pudding etc.)			
Puddings	Christmas Pudding with Brandy sauce or custard or cream <i>Delete as required</i>		
	Belgian Chocolate Brownie		
	Salted Caramel Profiteroles		
	Lemon Meringue Cheesecake		

I enclose a cheque payable to ARCO for £_____

From _____

Phone: _____ Email: _____

[Click here to download this form](#)