

ARCO (Association of Retired Council Officers) Newsletter

Winter 2017

www.arco-kingston.org.uk email secretary@arco-kingston.org.uk



Dear Friends

I would firstly draw your attention to the request from Phil Margree, of the Kingston Association for the Blind, for volunteers to assist in the production of the Kingston Talking Newspaper. If you are interested, please contact Phil.

Some 48 members and friends enjoyed fine weather for our final outing of the year to Leeds Castle on 27th September. Our thanks go to June Collins, who organised our trips this year, and to Shona Hastings, who ably stood in for June on the last one.

Maureen Barker and I will be representing ARCO at the Annual Remembrance Ceremony and the wreath laying at Kingston War Memorial on Sunday 12th November.

The next informal gathering at the Kings Tun will be on Thursday 16th November. We meet in the spacious upstairs bar (there is a lift) at this Wetherspoons pub in Clarence Street between 12 noon and 1.30 p.m. Large and small meals, soft drinks and coffees are available, as well as alcohol, all at very reasonable prices.

Our Christmas Lunch will again take place at the North Star, 271 Hook Road, Chessington KT9 1EQ on Thursday 14th December. For those of you who weren't there last year, the pub is 500 yards south of the Ace of Spades roundabout, there is a small car park, and buses 71, 465 and K4 stop outside. If you wish to attend, please complete the attached order form, and return it together with your cheque payable to ARCO to cover the full cost (inclusive of a £5 non-refundable deposit) by 16th November at the latest to Jenny Longhurst. We have been advised that there is a House Limit of 44 people, so please book early to avoid disappointment. On the day, please arrive by 12 noon prompt, ready to take your seat by 12:30.

As this is the final newsletter of the year, may I wish you all a merry Christmas, and a healthy, peaceful and prosperous New Year. If you receive any unwanted gifts, remember to bring them with you for our raffle at the next formal get-together at the Guildhall on Wednesday 24th January!

Best Wishes

Mike

Mike Belsham
Chairman

chairman@arco-kingston.org.uk

ARCO Secretary: Martin Longhurst, Mayfield, Hoe Lane, Abinger Hammer, DORKING, RH5 6RS

DIARY OF FORTHCOMING EVENTS

Thursday, 16 November 2017	Informal Gathering at The Kings Tun
Thursday, 14 December 2017	Christmas Lunch at The North Star, Chessington
Wednesday, 24 January 2018	Winter Get Together
February 2018	Informal Gathering at The Kings Tun (tbc)
Wednesday, 21 March 2018	Annual General Meeting

Keep in touch at www.arco-kingston.org.uk

Invitation to Winter Get-Together

Wednesday, 24 January 2018

12.00 Noon to 2.30 p.m.

Guildhall, Kingston upon Thames

RSVP by post to Jenny Longhurst by 12 January 2018

Write: Mayfield, Hoe Lane, Dorking, Surrey RH5 6RS

Telephone for queries only: 01306 730321

Email for queries only: jenny.longhurst@btinternet.com

Retain top half as a reminder and send off bottom half

I would like One/Two (please circle) places at the Get Together on 24 January 2018

and enclose a cheque for £ (payable to ARCO)

to cover the cost of £3.00 per head for Sandwich Lunch, Wine and Coffee

Name(s) required on Badge(s) (Capital Letters)

1. _____ 2. _____

Telephone No. _____

Email: _____

ARCO CHRISTMAS LUNCH MENU

Thursday 14 December 2017 – 12 noon for 12.30 p.m.

The North Star, 271 Hook Road, Hook, Chessington, KT9 1EQ

Buses 71, 465 & K4 stop outside – 500 yards south of The Ace roundabout

2 COURSES £10.49 or 3 COURSES £12.99

STARTERS

Smooth Chicken & Pork Pate

*Flavoured with Brandy and served with
Ember Inns Pale Ale chutney and
toasted ciabatta bread*

King Prawn & Smoked Salmon Salad

*Crisp lettuce and cucumber salad with
Marie Rose sauce, served with wholemeal
bread and butter*

Tomato & Basil Soup

Served with ciabatta bread and butter

Parsley Breaded Mushrooms

Served with sour cream & chive dip

MAIN COURSES

Hand-carved Roast Turkey with Festive Trimmings

*Served with seasonal vegetables, a pig in blanket, Cumberland and redcurrant stuffing,
cranberry sauce, a rich gravy and roast potatoes*

8oz Rump Steak

*Served with grilled flat mushroom, half a grilled tomato, garden peas, battered onion rings,
three peppercorn sauce and seasoned chips*

Grilled Sea Bream

Served with a Prosecco lemon butter sauce, seasonal vegetables and parsley glazed baby potatoes

Baked Vegetable Tarte Tatin

Served with seasonal vegetables & parsley glazed baby potatoes

Our Festive Gourmet Burger

*Chargrilled chicken breast in a toasted brioche bun topped with Camembert, bacon and
cranberry sauce served with a pig in blanket and seasoned chips*

*UPGRADE your festive main and add a baked Yorkshire pudding with a pig in blanket and
Cumberland and redcurrant stuffing for 99p*

PUDDINGS

Christmas Pudding

*Served with brandy sauce or custard or
freshly whipped cream*

Salted Caramel Profiteroles

*Served with vanilla pod ice cream and
Belgian chocolate sauce*

Belgian Chocolate Brownie

*Served warm with Belgian chocolate sauce,
vanilla pod ice cream and gingerbread man!*

Lemon Meringue Cheesecake

*A combination of two of the nation's favourites
served with fresh cream and seasonal fruit*

All drinks to be paid for on the day direct to the bar staff

Please use order form overleaf

If you have sometimes thought of doing some worthwhile voluntary work, why not consider this charity which benefits Kingston residents?

Kingston Talking Newspaper for the Blind

The Kingston Talking Newspaper for the Blind (KTN) is a weekly digest of local news and events sent out free to around 80 blind and/or sight restricted residents of Kingston. To the listeners, particularly those living alone, it provides an important window into what is happening in their local community and lets them know about clubs, social events and entertainment particularly suitable for those with sight difficulty. It is also used to tell them about the latest aids available, and to alert them to hazards such as footway repairs, relocated crossings or bus stops and scams that particularly target vulnerable people.

The talking newspaper is produced in Surbiton by a team of volunteer producers and readers. Recording is done using a desk top computer and a custom bought editing programme. The 'newspaper' is then copied on to memory sticks and sent to the listeners to be listened to on digital players provided to them by KTN. Royal Mail provide a free delivery and return service for the memory sticks.

There is a need for new volunteers, particularly to train as producers. If anyone would like to consider joining the team and would like to know what is involved, please contact Phil Margree – tel: 020 8549 2783 or email: philmargree@hotmail.co.uk.

If you would like to hear an example, you can do so on the website – kingston.talking-news.info.

KTN is one of the services offered by the Kingston Association for the Blind, registered charity number 249295.

Members may be interested to know that the previous chairman of ARCO, Mollie Scolding, is a current KTN listener.

ARCO CHRISTMAS LUNCH

Thursday 14 December 2017 – 12 noon for 12.30 p.m.

The North Star, 271 Hook Road, Hook, Chessington, KT9 1EQ

2 COURSES £10.49 or 3 COURSES £12.99 – plus optional 99p upgrade

Please complete the form below and return it with your cheque payable to ARCO to:
 Jenny Longhurst, Mayfield, Hoe Lane, Dorking, Surrey RH5 6RS
 by Thursday 16 November 2017 at the latest. *Remember limited availability!*

Please keep a note of your choices

Enter your name(s) here -----> and tick in the boxes to make your choices.			
Starters	Smooth Chicken & Pork Pate		
	Tomato and Basil Soup		
	King Prawn & Smoked Salmon Salad		
	Parsley Breaded Mushrooms		
Mains	Roast Turkey		
	8oz Rump Steak <i>State cooking preference</i>		
	Grilled Sea Bream		
	Baked Vegetable Tarte Tatin		
	Festive Gourmet Burger		
Upgrade for 99p (Yorkshire pudding etc.)			
Puddings	Christmas Pudding with brandy sauce		
	Christmas Pudding with custard		
	Christmas Pudding with cream		
	Belgian Chocolate Brownie		
	Salted Caramel Profiteroles		
	Lemon Meringue Cheesecake		

I enclose a cheque payable to ARCO for £ _____

From _____
